



Press Release

WHAT: **FREE Demonstration Class for Aerobics**

(Class includes Taebo, Kickboxing, Zumba, Body Pump, Abdominals, and Nutrition)

WHEN: **Monday, October 5th, 2009**

WHERE: **Veterans Recreation Center, 5301 Salem Dr.
Phone: (915) 821-8909**

TIME: **(12:00 p.m. – 1:00 p.m.) and (7:00 p.m. – 8:00 p.m.)
(2 classes)**

INSTRUCTOR: **Elena Morales**

***Need at least 12 students to open classes**

Class schedule:

Class	Facility	Days	Times	Resident Fee/Month	Senior Resident Fee/Month
Aerobics	Veterans	Mon to Thurs	12-1 PM	\$28	\$14
Aerobics	Veterans	Mon to Thurs	7-8 PM on Mon, Tues, & Thurs And 4:30-5:30 PM on Wed	\$28	\$14

For information on classes go to: www.elpasotexas.gov/parks/classes.asp

For teaching opportunities with the Leisure Services Section please contact
Brenda A. Romero (915) 544-0753 Ext. 22

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